

- She began playing volleyball in 4th grade and started to play under a Coach Dailey back in 5th grade
- in high school she played volleyball and threw shot put and discus.
- Attended The Altamont School where she was decorated with metals for her outstanding athletic and academic performances.
- After graduating the Altamont School she went to Belmont University and received her Bachelors of Arts in Spanish, German, and International Politics
- She now works in her family's logistics company
- She coached during the 2020-2021 season and is back this season for the 2023-2024 season