- Played volleyball from growing up in Toledo, OH. Played club at Toledo Volleyball Club and high school at Springfield High School (Holland, OH)
- Graduated from Alabama State University with a Bachelor's of Science in Forensic Chemistry in 2014.
- Played for Alabama State University Women's Volleyball Team 2011-2014.
- Won 2 SWAC Championships with ASU.
- Member of Delta Sigma Theta Sorority Inc (Beta Eta Chapter of Alabama State University)
- Alabama Performance Coach 2022-Present.
- My husband, Le'Andre, and I have three children and are expecting our fourth in March 2024. Two boys and one girl. (Cas, Noori, Cru).