## Performance Youth Academy 2023-2024

\*Subject to change January 27-28 February 10-11 February 24 March 16-17 April 6

Birmingham Blitz Music City Meltdown Rally On Southern Region Championship 12U UNO Tournament Birmingham, AL Franklin, TN Cartersville, GA Hoover, AL Hoover, AL

## **TUITION:** \$1500

Deposit: \$300 (due upon Commitment) Balance: \$1,200

<mark>6 payments of \$200 (Oct - Mar)</mark>

## **INCLUDES:**

-2 Practices per week at 2 hrs per practice (including positional training)

-100 hours of practice and positional training

-Free Xtra hours before practice (Extra Gym Time)

-Practice cost for coaches, practice cost for Certified Master Coach, facility rental, equipment, training room supplies, tournament registration, tournament travel/pay for coaches, administrative cost, jerseys, open gym hours, and SportsEngine cost

Tuition does not include personal travel or spirit pack

**Spirit Pack**: \*Mizuno Warm Ups, 2 pair of Mizuno spandex, 2 practice shirts, 2 pair of Mizuno socks, Mizuno knee pads, \*Mizuno backpack and \*Mizuno volleyball shoes (\*Only purchase if you don't have from last year or need new) Approximately: \$350 \*Schedule is subject to change due to Finley availability-See Below

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>@Finley</b> <b>PYA</b> 5:00-6:00 Xtra 6:00-8:00 Practice	<b>@Finley</b> <b>OPEN to ALL</b> 4:30-6:30 Positionals	<b>@Finley</b> <b>PYA</b> 5:00-6:00 Xtra 6:00-8:00 Practice	

## Alternate Schedule when Finley is Closed

All Practices moved to the PVC

<u>Monday</u>	Tuesday	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<b>@PVC</b> PYA 6:00-8:00 Practice	<b>@PVC</b> <b>OPEN to ALL</b> 4:00-5:30 Positionals	<b>@PVC</b> <b>PYA</b> 6:00-8:00 Practice	