- Played Volleyball in the Birmingham Area in high school all four years in high school on varsity.
- Graduated from The University of North Alabama in 2017 with a B.S In Child Development and Psychology.
- Grand Canyon University 2020, Masters of Secondary Education
- Baylor University, Doctorate In High Education and Leadership 2021- Current
- Club Volleyball Co-Captian, University of North Alabama 2013-2016
- Head Volleyball Coach at Wenonah High School 2017-2021, AHSAA Certified
- Assistant Volleyball Coach- Shades Valley High School 2022-Current
- Alabama Performance Volleyball 2020- Current | CPR Certified
- I'm the mother of Fallon Grace one daughter who is seven years old.